

ABVC and Hills Weight Management Program April to October 2011

Think about how humans sometimes face difficulties when trying to lead a healthy life style, based on a well-balanced nutritional diet and plenty of exercise.

Then try to imagine how it feels to be a canine that often only thinks about the next meal, to be forced into a dietary program based on nutritional diet and plenty of exercise.

That's however what we, at Al Barsha Veterinary Clinic in collaboration with Hills Nutritional Diets, tried to achieve when developing a 6 months Weight Care Competition where owners could sign up their canines, maintain them on Hills R/D Prescription diet and accomplish a weight loss from their pet to increase their fitness level and promote and maintain a healthier life style.

All participating canines were checked in and put on a strict regime to reach their target goal and desired weight. Now, the only obstacle what we had to take, was to convince their owners to adhere to the protocol and not subside to any plea bargains from their pets.....:)

And off they went in April, coming into the clinic for regular weight check appointments, struggling through the hot summer months until the end of October 2011, where we had a look at the contestants again and came up with the overall winner:

RAMBO, a male pug owned by Mr. Narinder Singh, who managed to lose a total weight of 6 kg and won the first price, 6 months of free Adult Light Food, sponsored by Hills Prescription Diets.

Well done Rambo and keep up the good work!

Wilma Frietman



On the picture showing from left to right:
Zoe Grimes (Eurovets and representative of Hills Maintenance and Prescription Diets)
Narinder Singh and the competitions overall winner, Rambo the pug.