
















# ABVC's Weekly Food Delivery Schedule

<b>Weekday</b>	<b>Location</b>	<b>Timeslot (if applicable)</b>
 Saturday	Lakes, Meadows, Springs, Jumeirah Islands	AM
 Saturday	Umm Sequim, to Jumeirah 3 & Al Safa	PM
 Sunday	Arabian Ranches	3 PM to 6 PM
 Sunday	Motor City, Sport City	PM
 Sunday	Umm Sequim, to Jumeirah 3 & Al Safa	PM
 Monday	Al Sofouh, Palm Jumeirah, JBR, Marina	AM
 Monday	Umm Sequim, to Jumeirah 3 & Al Safa	PM
 Monday	Lakes, Meadows, Springs, Jumeirah Islands	PM
 Tuesday	Umm Sequim, to Jumeirah 3 & Al Safa	AM
 Tuesday	Umm Sequim, to Jumeirah 3 & Al Safa	PM
 Wednesday	Umm Sequim, to Jumeirah 3 & Al Safa	PM
 Thursday	Al Sofouh, Palm Jumeirah, JBR, Marina	AM
 Thursday	Umm Sequim, to Jumeirah 3 & Al Safa	AM
 Thursday	Arabian Ranches	3 PM to 6 PM
 Thursday	Motor City, Sport City	PM

Please note that there are no food deliveries on Fridays and that the last daily delivery is scheduled for 7 PM